

With just 3 ingredients this Orange <u>Creamsicle</u> Keto Popsicle Recipe are super easy to make! These keto popsicles make the perfect summer treat!

Ingredients

- 1/2 cup water boiling
- .3 ounces sugar-free orange jello
- 1 cup heavy cream

Instructions

- Combine the water and jello in a mixing bowl. Stir until the jello has dissolved.
- Stir in the heavy cream and pour the mixture into a popsicle mold.
- Place the molds into the freezer and after an hour in the freezer place the popsicle sticks into the molds and allow to freeze overnight.
- Remove the pops from the molds and enjoy!

Nutrition

Serving: 1g | Calories: 180kcal | Carbohydrates: 1g | Protein: 3g | Fat: 18g | Saturated

Fat: 11g | Polyunsaturated Fat: 5g | Trans

Fat: 1g | Cholesterol: 54mg | Sodium: 34mg Course Dessert Cuisine American